



# Sister Jodi Aigner

## Self-monitoring of blood glucose in Type 2 Diabetes and long-term outcome

### EDUCATION

**2023**

IDF Course for Diabetes Educators

**2017**

Pg Dip Diabetes (Distinction)- USW

**2014**

CDE Advanced Course in Diabetes Care  
for Health Professionals – CDE Houghton

**1990**

B. Social Science -Nursing (General,  
Community Health, Psychiatric Nursing  
and Midwifery) and Industrial & Labour  
Studies- UKZN

### WORK EXPERIENCE

14 years of experience with clients who have all types of diabetes.

Providing continuing medical education talks on behalf of pharmaceutical companies to upskill Pharmacists and GPs on the practicalities of insulin usage and administration.

In-service diabetes education to upskill Nursing knowledge and application in the hospital setting on behalf of pharmaceutical companies.

Contributed to updating the latest SEMDSA guidelines on facilitating diabetes education and support

Work alongside a busy Diabetologist and Endocrinologist in Umhlanga, KZN, South Africa.

### MEMBERSHIPS

SANC (South African Nurses Council)

BHF (Board of Healthcare Funders)

DESSA KZN Chairperson for 2024/2025 (Diabetes  
Education Society of South Africa)

SEMDSA (Society for Endocrinology, Metabolism and  
Diabetes of South Africa)